

FREED-HARDEMAN UNIVERSITY LION BASKETBALL CAMP JULY 19-23, 2009

ABOUT THE CAMP

The Lion Basketball Camp is an opportunity for young men to improve themselves as players and people. Working with an experienced coaching staff, campers have the opportunity to develop a solid foundation in skill and motivation. Through a variety of competitive activities, including daily team competition, campers also strengthen their team attitudes, confidence, goal-mindedness, listening skills and attention spans.

The teaching progression at the camp takes age and skill differences into account, and the staff's goal is to help each camper develop proper habits on and off the basketball court.

SKILLS LEARNED

- Footwork
- Defense/Philosophy
- Stance and close outs
- Setting and using screens
- Passing and receiving
- Ballside and helpside defense
- Shooting
- Live-ball moves and lay-ups
- Game competition
- Conditioning and strength

CAMPERS RECEIVE

- Basketball
- Camp T-shirt
- Motivational materials
- Written individual analysis of play

For more information, contact:

Jason Shelton, Camp Director
731-989-6902
jshelton@fhu.edu

CAMP STAFF

The Lion Basketball Camp is directed by Freed-Hardeman University Lion basketball coach Jason Shelton and assistant coach Ryan Parnell. They are assisted by Lion basketball players and coaches from area schools.

FACILITIES AND ACCOMMODATIONS

All facilities are air-conditioned.

Gym: Camp activities will be held in the Sports Center and Bader Gymnasium.

Cafeteria: Buffet-style, all-you-can-eat meals will be served by Aramark Food Service in FHU's Wallace-Gano Dining Hall.

Dorm: Supervised dormitory accommodations will be provided for all boarding campers.

COST

- \$295 Boarding Campers
- \$235 Day Campers
- \$275 Team Rate (five or more players from one team)
- \$245 Family Rate (two or more from same household)

A \$50 non-refundable deposit is required with all applications unless the application includes full payment. The deposit will be included in the total cost of the camp.

APPLICATION

A confirmation letter with detailed information concerning check-in times, items to bring, directions and physical will be sent when application and deposit are received. Applications will be processed on a first-come, first-served basis. Roommate requests can be made at registration.



FREED-HARDEMAN UNIVERSITY LION BASKETBALL CAMP 2009 APPLICATION

Name: _____ Age: _____ Birth Date: _____ Grade (next fall): _____
 Address: _____ City: _____ State: _____ Zip: _____
 Height: _____ Weight: _____ Email Address: _____
 School: _____ Coach: _____
 Parent's Name: _____ Home Phone: _____ Cell Phone: _____

CHECK APPROPRIATE RATE:

- \$295 Boarding Camper
- \$235 Day Camper
- \$275 Team Rate (five or more)
- \$245 Family Rate (two or more)

Amount Enclosed _____

**Checks should be made out to
Freed-Hardeman University.**

Mail registration form and a \$50 deposit or full payment to: Lion Basketball Camp, Freed-Hardeman University, 158 East Main Street, Henderson, TN 38340

Waiver and Release: In consideration of the acceptance of the above named applicant, we, the undersigned parents, parent or guardian, as the case may be, covenant and agree with Freed-Hardeman University, Henderson, Tennessee, that we will at all times hereafter indemnify, keep indemnified, and save harmless the said Freed-Hardeman University, Henderson, Tennessee, from all actions, proceedings, claims, demands, costs, damages and expenses, which may be brought against or claimed from Freed-Hardeman University, or which I may pay, sustain or incur as a result of illness, accident or misadventure to the above named applicant in the Freed-Hardeman University Athletic Camp.

I hereby authorize the director of the Lion Basketball Camp selected to act for me according to his best judgement in any emergency involving medical attention.

Parent or Guardian's Signature _____ Date _____